

Worst Case Scenario Survival Guide For the Serious Tarotist

The Stuff of Which Tarot Nightmares are Made

A Workshop with Christiana Gaudet, CTGM

Part 1: Worst Case Readings

Nightmare: You See It and They Don't

- Your querent thinks her marriage is hunky-dory. You see that he's cheating on her.
- In your reading, you get a clear insight that your client has a major health problem. Your client is unaware of any such problem.

How to survive: It is better to start with questions than statements. For instance, "Is there anything about your husband's behavior that concerns you?" or "is there a history of heart disease in your family?"

Your job should be more about suggesting next steps than giving a diagnosis. Saying, "Do me a favor and get a mammogram just in case," is so much better than saying, "I think you have breast cancer." With a straying spouse, a suggestion for more time together and more communication can be a good start.

Give simple advice to follow to discover if your suspicion is true, and advice to follow if they make that discovery.

Discussion Question: What other strategies would work here?

Nightmare: You see something for the future that is different from what the client wants or expects.

How to Survive: Remember that anything you see for the future is a possibility, or even a probability, but not etched in stone. Tell the client of your concerns, and ask questions of the cards to offer advice on ways to prepare for or prevent the less-than-positive outcome you predict.

Discussion Question: What other strategies would work here?

Nightmare: The Stone-faced Client

How to survive: Don't take the attitude personally. Just read the cards, and wait for the inevitable "Aha moment."

Discussion Question: What other strategies would work here?

Worst Case Scenario Survival Guide For the Serious Tarotist

The Stuff of Which Tarot Nightmares are Made

A Workshop with Christiana Gaudet, CTGM

Part 2: Worst-Case Environments

Discussion Questions:

1. What was the worst environment you have ever been asked to read in?
2. What sort of reading environment do you prefer?
3. What sort of environmental factors can you simply not tolerate?

Part 3: Personal Fears

Discussion Questions:

1. What is your worst tarot fear?
2. What happens frequently that you wish you had a better solution for?
3. What is your “best” worst-case story?
4. Is there a particular thing you would like to accomplish as a reader, but fear keeps you from it? What is it?

Part 4: With the Cards:

Exercise one:

Randomly pull one card each, to represent each of the following:

Your worst fear as a tarot reader

The strongest skill on which you can rely as a tarot reader

What do you learn from these cards?

Exercise two:

Difficulties are part of any job or hobby. To minimize difficulties and maximize success we can do two basic things. One is to set clear boundaries and limitations in order to avoid difficulties. The other is to have a handy “tool kit” at the ready to help you deal with difficulties as they arise.

Randomly pull one card to represent the boundaries you need to set.

Randomly pull as many cards as you like to represent your particular tools.

What is your plan for setting boundaries and utilizing tools? Does this plan help calm your fears, and excite and energize you?