

Realm of the Spirits Five Card Spread

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Use this five-card spread to unearth whatever haunts your past and free yourself to enjoy the present. Shuffle the Ghosts and Spirits Tarot Deck. Select five cards and lay them out in the order shown.

1. Spirit of the Present- Where are you right now? What inspires you? What concerns do you have? What, if anything, is missing from your life?
2. Ghosts of the Past- What lurks in your past and haunts you? You can't change the past, but you can free yourself by letting go of it.
3. What frightens you? What are you burying in your subconscious? Whatever you are pushing down can hold you back. Face your fears and confront the dark places.
4. What lifts your spirits? What liberates you and brings joy? Embrace your bliss.
5. Spirit of the Future- What do you look forward to? Once you have cleared away the cobwebs of doubt, you're ready to move toward your destiny.

