

Energy Spell by Ivy Lieberman

You will need: an Orange or red candle (White will do), incense, deck of tarot cards.

Presentation

*"Inside this boundary*

*Inside this form*

*I raise the energy*

*I raise the storm*

*A two in each corner*

*A circle around*

*Inside I'm strong*

*Inside I'm found."*

Laying out the Two's

*"2 of Stones build foundation*

*2 of Swords tend to inspire,*

*2 of Wands lend me passion,*

*2 of Cups flow my desire".*

Light the candle

*"High Priestess, the embodiment of my soul, behold!*

*I am strong in spirit,*

*I am courageous in action*

*I conquer fear and doubt,*

*I face each day with hope and joy.*

*My word is Energy!"*

Light incense

*"Strength in my hands,*

*Truth in my heart,*

*Fulfillment on my lips".*

Breathing and meditation of Intent.

*"With each breath I take*

*May the energy I desire*

*Come to me..."*

Blessed be!